

Pastor's Weekly Devotional- May 28, 2015

"Outsource Your Anxieties"

Every so often I would come across strange but true stories. Here's one.

I read about a man who wanted to outsource his life. So he did two things:

- First, he delegated his work and other personal responsibilities to others.
- Second, he hired a virtual assistant in India to worry for him.

It worked spectacularly. Anytime he started worrying about things, he told his assistant to worry about them. This gave him the time he needed to do other things that he needed to finish without the interference of nagging anxieties.

While this story may seem strange, still it gives us a wonderful idea how to deal with worry. Jesus said: "Take no thought of tomorrow." That is, DON'T WORRY! We ought to outsource our worries to Him! Why? Because the Bible tells us "to cast all our cares upon Him for He cares for us."

Jesus is better than a virtual assistant. He does not only take our worries but He is able to make them disappear.

You might be thinking that it is too simple to do and after all no one knows your burdens. But if you concentrate on giving to God "the big stuff" of your life, you will be pleasantly surprised with the results.

How do you do it? Through the avenue of Prayer! In prayer, give God all "the big problems" and as the little stuff pops up from time to time, you can "outsource" those little things on a daily basis to Him also.

This seems simplistic but you can outsource your needs, your pain to God today.

Have a blessed week! See you in church Sunday. I will be preaching on ***"Hope in a Hopeless Situation."***

Pastor Sewdin