

Pastor's Weekly Devotional- February 26, 2015

"Attitude Matters!"

The aging process is unavoidable. Everyone will age. Nothing can stop it. We may try to slow it down by developing good nutritional habits – but it happens, nevertheless. How we react to it is perhaps the single most important thing. This has to do with ATTITUDE.

So here are some attitudes we need to avoid as we begin to age:

- Stop saying: "I'm over the hill." Instead say: "I am ready to climb another mountain. Take on another challenge, etc." See Your USEFULLNESS not your USELESSNESS!
- Stop thinking: "Nobody cares about me, whether I exist or not." Instead, begin to think positive thoughts – "I am alive! I am here for a purpose! I will bloom where I am planted." Avoid SELF-PITY and dwell on SELF-RESPECT!
- Stop the negative outlook at life. It only sees the negatives. For instance, the glass is half empty and not half full. It sees losses instead of gains. It sees the "lemon" instead of the "lemonade". Negative outlooks are Joy-Killers and Piece-Robbers. So turn your moaning into laughter and your despair into joy.

Take an inventory of your attitude. Do you see yourself in any of the aforementioned attitudes? If so.....then it's time for an Attitude Adjustment. Here's God's promise to you: "I can do all things through Christ who strengthens me!!" (Philippians 4:13)

Have a blessed week! Keep warm! See you in church Sunday.
Pastor Sewdin